

For immediate release

The Xeneta Weekly Ocean Container Shipping Market Update provides data and intelligence including the latest freight rate and capacity movements across global trades with supporting insight from Peter Sand, Xeneta Chief Analyst.

Xeneta analyst insight

Peter Sand, Xeneta Chief Analyst:

“Carriers are surely ready to deploy more capacity into the main trade lanes, but shippers aren’t asking for it right now – certainly not on any trade besides Far East to US East Coast, where our rates seem to be sticky at a quite high level.

“For the market as such, it seems as if we are in a pause before the real peak season starts. Some shippers may have moved cargo earlier than previously, but it’s not like everybody front-loaded, not in the US nor into Europe.

“Rates have been moving sideways from a week ago, across the board.

“Early indications for the start of August suggest markets into Europe are probably going down, while we anticipate rates into the US – whether coming from Asia or North Europe – to go up. No large swings altogether.”

Data highlights

Market average spot rates – 30 July 2026:

-

Far East to US West Coast: **USD 6 039 per FEU (40ft container)**

-

-

Far East to US East Coast: **USD 8 852 per FEU**

-

-

Far East to North Europe: **USD 5 238 per FEU**

-

-

Far East to Mediterranean: **USD 6 416 per FEU**

-
-

North Europe to US East Coast: **USD 2 511 per FEU**

-

Spot rate changes over the past week – 23 July vs 30 July 2026:

-

Far East to US West Coast: **+0% (USD 6 037 to USD 6 039 per FEU)**

-
-

Far East to US East Coast: **+0% (USD 8 855 to USD 8 852 per FEU)**

-
-

Far East to North Europe: **+0.1% (USD 5 235 to USD 5 238 per FEU)**

-
-

Far East to Mediterranean: **0.4% (USD 6 442 to USD 6 416 per FEU)**

-
-

North Europe to US East Coast: **+0% (USD 2 510 to USD 2 511 per FEU)**

-

Spot rate changes over the past month – 30 July vs 30 June 2026

-

Far East to US West Coast: **+3.2%**

-
-

Far East to US East Coast: **+21.4%**

-
-

Far East to North Europe: **+8.9%**

-
-

Far East to Mediterranean: **+5.6%**

-
-

North Europe to US East Coast: **+7.4%**

-

